

Richard A. Mandelbaum, RH (AHG)

Clinical Herbalist

Phone (646) 942-7825
Email nyherbalist@gmail.com
Website www.dragonflybotanical.com

PROFESSIONAL EXPERIENCE

Clinical Herbalist 1998-present
Maintain private practice in Brooklyn, NY, and at the Center for Creative Therapies and the Arts in Forestburgh, NY.

Mentor, Herbal Medicine March 2003 -present
Tutor students one-on-one and in small groups in various aspects of herbal medicine, clinical skills, materia medica, medicine making, and botany. Since 2005 I have offered mentorships following AHG mentorship guidelines.

Dragonfly Botanicals 1999 - present
Forestburgh, NY
Grow medicinal herbs on a small-scale in a certified organic market garden.

Guest Instructor, Botany September 2006 - present
David Winston's Center for Herbal Studies, Washington, NJ
Teach an eight-hour botany class to students at this nationally recognized two-year herbal education program.

Team Member, CNYGEC April 2008 - present
Columbia University, New York, NY
As part of the Consortium of New York Geriatric Education Centers, lecture health care professionals in ways to incorporate herbal medicine into their practice.

Director, Clinical Herbalist Diploma Program July 2006-March 2009
Lehigh Valley Healing Arts Academy, Emmaus, PA
Developed the curriculum and served as primary instructor for this program including clinical skills, materia medica, botany, and medicine making, among other subjects.

Lecturer and Herbal Consultant, New Age Health Spa 2001-2007
Neversink, NY

Regularly offered evening lectures on a wide range of health and herbal-related subjects. Provided personal consultative services to guests.

Guest Instructor, Boston School of Herbal Studies May 2006
Arlington, MA

Taught students of this ten-weekend program on herbal medicine on the subjects of cardiovascular health and botany.

Instructor in Herbal Medicine 2002-2006
Lehigh Valley Healing Arts Academy, Emmaus, PA
Offered a wide range of half-day, full-day, and weekend classes in herbal medicine.

Herbal Medicine Instructor, Academy of Natural Healing 2002
New York, NY
Taught variety of classes related to herbal medicine, nutrition, and botany

Docent, New York Botanical Garden June 2001-present
Bronx, NY
Conduct public tours featuring the uses and natural history of medicinal plants found on the grounds.

Advisor, Farmworker Health and Safety Institute 1997-present
Advise and consult for national non-profit organization working to improve the health and safety of migrant agricultural workers.

Lab, Herbalist & Alchemist 1998-1999
Washington, NJ
Engaged in all aspects of medicine making including high-quality herbal tinctures, ointments, and oils.

Garden Manager, Pippin Hill Heirloom Farm 1997
Blairstown, NJ
Managed organic permaculture vegetable garden.

Certified HIV Counselor 1997-2001
Certified by NJ Department of Health and Human Services, Division of AIDS
Prevention and Control

EDUCATION

- Study group, William LeSassier, New York City** **2002-2003**
Small group setting focusing on clinical uses of herbs and traditional client assessment techniques.
- Advanced Herbal Training Program, Sage Mountain, VT** **2000**
Advanced level education for the practicing herbalist, with nationally recognized instructors. Curriculum focused on clinical work, with additional study in anatomy/physiology and materia medica.
- Herbal Therapeutics School of Botanical Medicine, Washington, NJ** **1996-1998**
Two year comprehensive training in Chinese, Western, and traditional Cherokee herbal medicine; including materia medica, diagnostic techniques, field botany, holistic protocols, and anatomy/physiology. Dean: David Winston.
- Bachelor of Arts, Wesleyan University, Middletown, CT** **1989-1993**

PROFESSIONAL MEMBERSHIP

- Professional Member, American Herbalists Guild (July 2003-present)
- Northeast Herbal Association
- American Botanical Council

PUBLICATIONS

The Use of Herbal Medicine to Promote and Protect the Mental Health of Geriatric Patients during Disasters, Chapter on Complementary and Alternative Approaches, Toner, J., ed., Geriatric Mental Health Disaster and Emergency Preparedness: Evidence-based Care Practices, Springer Publishing Company (publication pending 2009)

The FDA Email Alert Controversy, Journal of the Northeast Herbal Association, June 2007

Contributor: Evans, J. and Aronson, R., *The Whole Pregnancy Handbook: An Obstetrician's Guide to Integrating Conventional and Alternative Medicine Before, During, and After Pregnancy*, Gotham Publishing, 2005

Hemlock and Reishi, Journal of the Northeast Herbal Association, Fall, 2005

Organic Cultivation of Medicinal Herbs, Heirloom Farm and Garden Magazine, Garden State Heirloom Seed Society, June 2002

Holism and Reductionism, Musings on Barberry and Descartes, Permaculture Activist, No. 45, March 2001

PRESENTATIONS

Specific Medicine: Eclectic uses of herbs in the 19th and early 20th centuries, History of Medicinal Plants, Fort Delaware, Narrowsburg NY, August 2008

Safe and Effective Use of Herbal Medicine, Columbia University Stroud Center in the Faculty of Medicine and New York State Psychiatric Institute, April 2008

Using Herbal Medicines to Promote Health and Well-Being, interview, Healthy Life Net Radio, June 2007

Medicinal Plant Walk, Northeast Herbal Association Annual Retreat, November 2006

Safety and Efficacy of Herbal Remedies, Medical Student CAM study group, Columbia University College of Physicians and Surgeons, February 2006

Holistic and Herbal Approaches to Menopause, Alok Health Center, New York City, October 2003

Holistic and Herbal Approaches to Perimenopause, Menopause, and Beyond, Therapeutic Touch, Bayhead NJ, July 2003

Herbal Safety: Truths and Myths, American Holistic Medical Association, New York Chapter, Riverside Church Wellness Center, May 2003

Medicinal Plant Walk, Students for Integrative Medicine, Albert Einstein College of Medicine, The Bronx, NY, April 2003

Herbal Medicine, Truths and Myths: Finding Accurate and Reliable Clinical Information about Herbal Remedies, Students for Integrative Medicine, Albert Einstein College of Medicine, December 2002

Medicinal Plant Walk, Northeast Herbal Association Annual Retreat, November 2002

Field Botany & Herb Walk, Body Mind Spirit Center, Mohonk Valley NY, May 2002

Organic Cultivation and Use of Medicinal Herbs, Cornell University, Ithaca, NY, April 2002

Medicinal Plants of Central Park, Okido Institute, New York City, April 2002

Tonifying Immune Function With Herbs and Other Natural Remedies, New York City HEAL, April 2002

Sage and Effective Use of Herbal Medicine, keynote, A Day of Holistic Healing, Jewish Home and Hospital, April 2002

Achieving Mental and Emotional Balance with Herbal Remedies, Park Slope Food Coop, Brooklyn NY, December 2001

Four Part Lecture Series in Herbal Medicine, Riverside Church Wellness Center, New York, NY, October - November 2001

Botany / Tree Identification Class, Sage Mountain Herb School, East Barre, VT, July 2001

Beginning an Herbal Practice and Conducting a Client Intake, Sage Mountain Herb School East Barre, VT, July 2001

Organic Herb Gardening Workshops, Career Institute of Technology, Easton PA, March 2001

OTHER SKILLS

- Spanish language fluency
- Computer proficiency